

TRANSFORMING MY RELATIONAL HEALTH



Five types of people I should not choose as my close friends.

1. _____ PEOPLE.

And now, dear brothers and sisters, we give you this command in the name of our Lord Jesus Christ: Stay away from all believers who live idle lives and don't follow the tradition they received from us.

2 Thessalonians 3:6 NLT

2. _____ PEOPLE.

*Do not make friends with a hot-tempered person, do not associate with one easily angered, or you may learn their ways and get yourself ensnared. **Proverbs 22:24-25 NIV***

3. _____ PEOPLE.

*9 I wrote to you in my letter not to associate with sexually immoral people— 10 not at all meaning the people of this world who are immoral, or the greedy and swindlers, or idolaters. In that case you would have to leave this world. 11 But now I am writing to you that you must not associate with anyone who claims to be a brother or sister but is sexually immoral or greedy, an idolater or slanderer, a drunkard or swindler. Do not even eat with such people. **1 Corinthians 5:9-11 NIV***

4. _____ PEOPLE.

*Trusting a fool to convey a message is like cutting off one's feet or drinking poison! A proverb in the mouth of a fool is as useless as a paralyzed leg. **Proverbs 26:6-7 NLT***

5. PEOPLE WHO DO _____ BELIEVE. Those who decided not to believe God.

*Don't team up with those who are unbelievers. **2 Corinthians 6:14 NLT***

TO HAVE HEALTHY RELATIONSHIPS I CHOOSE CLOSE FRIENDS THAT WILL...

1. _____ ME MENTALLY.

*Walk with the wise and become wise. **Proverbs 13:20 NIV***

2. _____ ME EMOTIONALLY.

*A friend loves at all times, and a brother is born for a time of adversity. **Proverbs 17:17 NIV***

3. _____ ME SPIRITUALLY.

Therefore encourage one another and build each other up, just as in fact you are doing.

1 Thessalonians 5:11 NIV

HOW TO BUILD HEALTHY FRIENDSHIPS AND GOOD FRIENDS

1. GET INTERESTED IN OTHER _____.

*Unfriendly people care only about themselves; they lash out at common sense. **Proverbs 18:1 NLT***

2. DO NOT BE A _____ COMPLAINER.

Do everything without complaining and arguing, so that no one can criticize you. Live clean, innocent lives as children of God, shining like bright lights in a world full of crooked and perverse people.

Philippians 2:14-15 NLT

3. BE A GOOD _____.

*You must all be quick to listen, slow to speak. **James 1:19 NLT***

4. ACCEPT PEOPLE _____.

*Accept one another, then, just as Christ accepted you. **Romanos 15:7 NIV***

5. HELP PEOPLE FEEL _____. (In a sincere way)

*Honor one another above yourselves.. **Romans 12:10 NIV***

6. BE _____.

*Rejoice with those who rejoice; mourn with those who mourn. **Romans 12:15 NIV***

7. STICK WITH THEM IN _____.

*There are "friends" who destroy each other, but a real friend sticks closer than a brother. **Proverbs 18:24 NLT***

8. SHARE _____ WITH THEM.

*Return home and tell how much God has done for you." So the man went away and told all over town how much Jesus had done for him. **Luke 8:39 NIV***

Answers: Lazy. Angry. Immoral. Greedy. Not. Challenge. Support. Strengthen. People. Chronic. Listener. Unconditionally. Significant. Sympathetic. Tough Times. Christ.